Boils — Outpatient

MSEC reviewed and approved 11/20/13

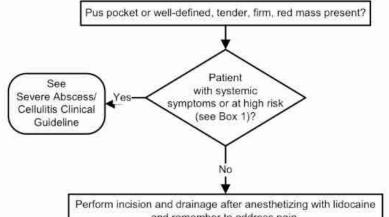
Box 1: High Risk Patients:

Diabetes

- Immunosuppression
- Peripheral vascular disease
- Children <12 months
- Abscess/cellulitis on lower extremity or hand (concern for palmar space infection)

Systemic symptoms:

- Temp > 100.4
- Tachycardia
- Patient feels ill



PREVENTION

- Clean all steambath seating areas in the main steambath AND on the porch with a dilute bleach solution (1:10 dilution).
- Clean steambath frequently if many people are using it.
- Sit on a barrier that is cleaned with bleach after every use.
- Do not take steam baths when skin infection present.

¼ cup household bleach in a standard

1.5 mL household bleach per gallon of

sized tub of water

water for smaller tubs

and remember to address pain.

Culture wound and break up any loculations if possible

Admit to

inpatient unit and follow Severe Abscess/Cellulitis

Clinical Guideline

Box 2: Empiric Oral Antibiotic Therapy Adults: · Septra DS 2 tab PO q12 hours or Septra SS 4 tabs PO q12 hours x10 days

- (Do not give to pregnant women > 32 wks or <9 weeks)

Children:

- Septra 5-7.5 mg/kg PO q12 hours x10 days. Adult with sulfa allergy:
- Doxycycline 100mg PO q12 hours x10 days. Children with sulfa allergy:
- ≥8 years: Doxycycline 2 mg/kg PO q12 hours x10 days. (Max dose 100 mg/dose.)
- <8 years: Clindamycin 10 mg/kg PO q8 hours</p> x10 days. (Max dose 300 mg/dose.)

Pregnant Women:

 Clindamycin 300mg PO g8 hours x10 days Consult HROB if not improving in 48 hours

Hot packs/soaks q2-4 hours and rest/elevation if cellulitis present Boil with Is patient Follow-up cellulitis >10 cm or 1% clinically BSA in child (size of in 24 hours. improving? child's palm)? Yes Evaluate in Bethel. Consider oral antibiotic therapy Yes-(See Box 2) and/or repeat incision and drainage. Daily follow-up until patient clinically continuous improvement improving after 48 is demonstrated hours? Start or change antibiotics. Perform repeat incision and drainage if appropriate. Follow-up daily. patient clinically improving after 24-48 hours? **Bleach Baths** Start bleach baths daily for one week and No then 1-2 times per week for all household

This guideline is designed for general use for most patients but may need to be adapted to meet the special needs of a specific patient as determined by the patient's provider